Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Friday 05 May 2023 until 23:59 on Saturday 06 May 2023

Forecast Issued on Friday 05 May 2023 at 04:06 by Met Office Aberdeen

Confidence: High for changeable weather for the next few days. Low for detail or rain and low cloud on a daily basis.

Headline for Friday 05 May 2023: Bright along the west coast, otherwise cloudy and windy with patchy afternoon rain.

Mountain weather hazards on Friday 05 May 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Cloudy	Cloudy	Cloudy	Cloudy	Cloudy
Precipitation probability					
20%	20%	20%	30%	30%	30%

Forecast for Friday 05 May 2023

Weather: Dry in the morning. A little light rain will develop across Lochaber, then across Caithness later in the afternoon, with some patchy light rain developing elsewhere in the evening. The west coast will see spells of sunshine although clouding over from the south through the afternoon and evening.

Chance of cloud-free hill tops above 800m: 50%, best chance along the west coast

Low cloud and visibility: Mostly good visibility through the day with areas of cloud down to 700 to 900 metres, this most extensive across Lochaber. However low cloud down to 500 metres will persist across Caithness, much of Sutherland away from the west coast and Easter Ross.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.

Mountain Weather Forecast

Forecast for Friday 05 May 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	44/51 E	41/49 E	30/40 SE	26/35 SE	24/31 SE	24/29 SE	21/26 SE
900	41/48 E	38/46 E	29/39 SE	25/34 SE	23/30 SE	22/27 SE	19/23 SE
600	27/36 SE	29/37 E	25/35 SE	22/30 SE	18/25 SE	15/21 SE	12/18 SE
300	9/30 E	9/31 E	11/31 E	10/27 SE	7/22 SE	4/17 SE	4/13 E
Glen	21/35 E	23/38 E	18/32 E	15/27 SE	11/21 SE	10/18 E	7/15 SE

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	1/-8	2/-7	4/-2	6/0	6/1	5/-0	4/-0
900	1/-7	2/-5	5/-1	7/2	7/2	6/1	5/1
600	5/-1	6/-0	8/3	10/6	10/6	8/5	8/5
300	5/2	8/6	11/9	13/11	12/11	10/9	9/8
Glen	8/4	12/8	16/12	17/14	16/14	13/11	12/11
Freezing Level*	2000m	2000m	2000m	2000m	1900m	1900m	1900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be prepared for cold and strong winds at height leading to slow progress. Low cloud may be an additional hazard at times.

Forecast for Saturday 06 May 2023
Weather: Dry in the morning with sunny spells, but some hill fog across Caithness at first. The afternoon will see sunny spells and a few showers but not all ranges will see rain. Becoming dry in the evening but low cloud and a little drizzle developing across Caithness and northern Sutherland.

Maximum wind: Southeasterly 15 mph.

Chance of cloud-free hill tops above 800m: 70%

Low cloud and visibility: Generally good visibility most summits likely to be clear of cloud. Some hill fog down to 200 metres possible across Caithness at first.

Temperature: **Glens:** Plus 6 rising to 17 Celsius
At 800m: Plus 8 Celsius
Freezing level: Above summits

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
© Crown Copyright 2023. All Rights Reserved.